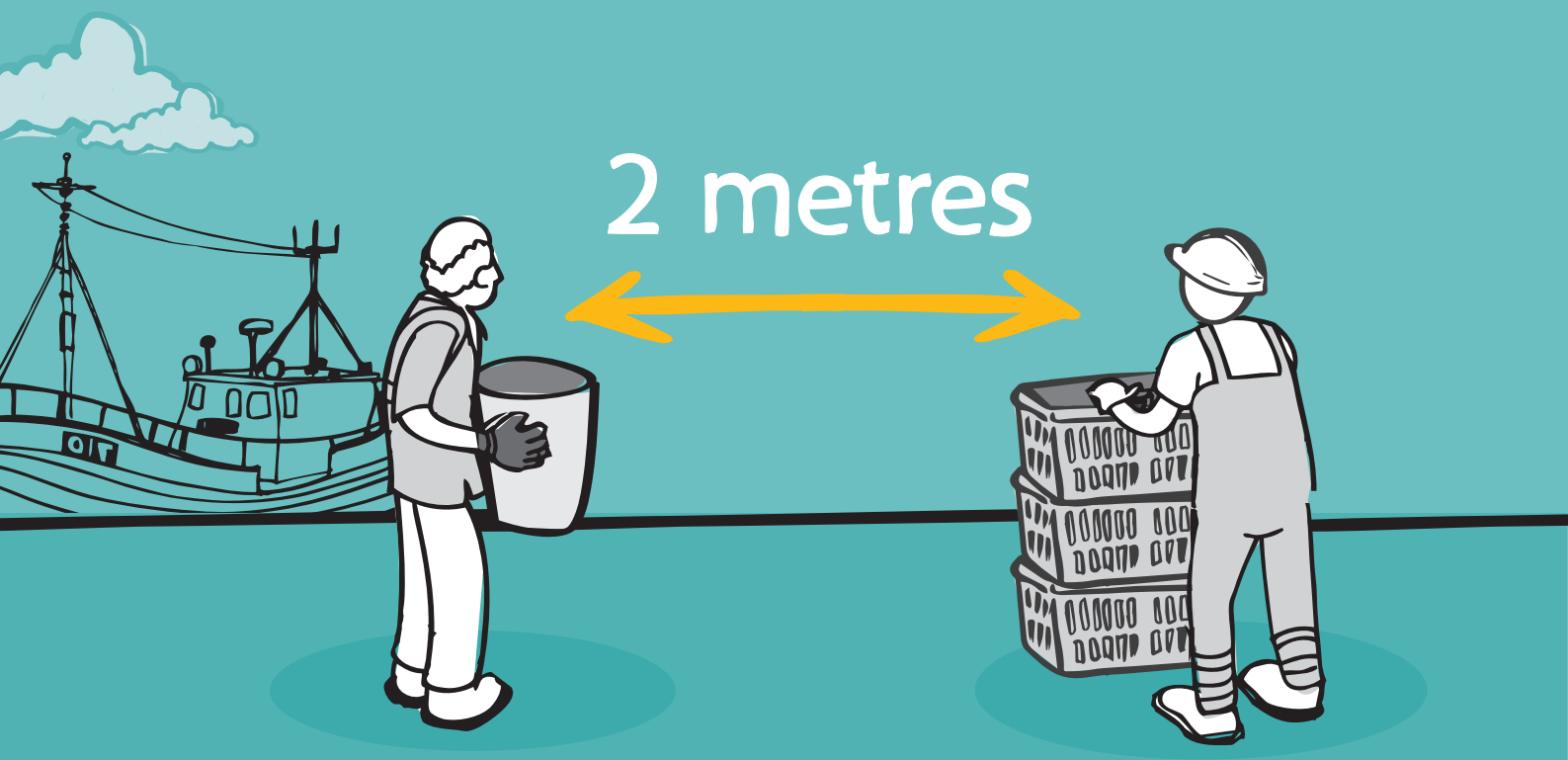


Social distancing  
**saves lives**

**SEAFIT**  
**PROGRAMME**



# Helping fishermen stay seafit

- If you're quayside please keep at least 2 metres away from other crews and port staff.
- Please don't shake hands as it can spread the virus.
- Keeping yourself safe will mean you keep fishing and earning.

